

Silver

be Active, be Happy

Catalog
my-silver.eu



WELCOME TO THE MY SILVER COMMUNITY

The catalog you're holding is more than just a collection of expertly designed games, puzzles, and exercises. It's a gateway to engaging entertainment that helps maintain mental agility and enhances overall well-being. My Silver is, above all, a community dedicated to embracing the golden years as a time for pursuing passions, gaining new skills and friendships, and exploring fresh opportunities.

My Silver Stands For:



EXPERT KNOWLEDGE

Our products are developed in collaboration with specialists in speech therapy, logorhythmics, surdopedics, neurology, and voice emission and hygiene.



EXPERIENCE

50 years of expertise in creating and producing educational games and toys that provide families with meaningful and enriching entertainment.



ECOLOGY

Our production processes are designed to minimize environmental impact. The packaging we use is manufactured with technology that saves up to 40% of paper. We operate entirely on 100% green energy and hold the FSC® certification (license code FSC-C191552).

More information at: www.my-silver.eu/eco



PASSION

Passion, enthusiasm, creativity, and mutual respect are the core values of our community. We love what we do and have fun doing it—this is why we create outstanding products that help maintain good health and well-being in an enjoyable way.



QUALITY

We uphold the highest quality standards, ensured by a team of experienced professionals.



1

TANGRAM



The Silver Series Tangram is more than just a classic puzzle. Its simplicity and versatility make it an enjoyable way to maintain both mental and physical activity, significantly contributing to longevity and a high quality of life at any age.

This set includes **42 diverse wooden geometric pieces** in large, easy-to-handle sizes. The challenge is to recreate one of **61 patterns** using any seven pieces of your choice.

PACKAGE CONTENTS:

large right-angled triangles – 12 pcs., medium right-angled triangles – 6 pcs., small right-angled triangles – 12 pcs., squares – 6 pcs., parallelograms – 6 pcs., tokens – 60 pcs., instruction manual.



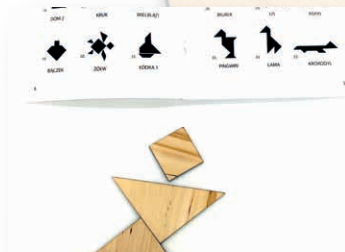
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1-6



- 1 Memory enhancement
- 2 Hand-eye coordination
- 3 Hand therapy
- 4 Support for individuals with vision impairments
- 5 Support for individuals with dementia
- 6 Exercises for individuals with Parkinson's disease



Thanks to its simplicity and versatility, the Tangram offers an accessible and enjoyable way to maintain both mental and physical activity, significantly contributing to longevity and a high quality of life at any age.

SENSORY MEMORY

2

Sensory Memory is more than just play – it's a thoughtfully designed way to support physical and mental well-being, fostering small achievements, strengthening social bonds, and embracing the joy of life!

The game includes 24 wooden pieces in various shapes and sizes. The challenge? Find two identical pieces using only your sense of touch! The large wooden elements are specially designed to provide an easy grip, making them perfect for older adults and those recovering from injuries. With simple rules, this game is an ideal activity for children to enjoy together with their grandparents.



- 1 Strengthens sensory memory.
- 2 Improves fine motor skills.
- 3 Enhances concentration and spatial imagination.
- 4 Boosts hand-eye coordination.
- 5 Supports brain neuroplasticity.
- 6 Aids in hand therapy.
- 7 Helps individuals with hand tremors.
- 8 Assists in post-stroke rehabilitation.

PACKAGE CONTENTS:

wooden pieces – 24 pcs., cotton pouch– 1 pc., instruction manual.



"Sensory Memory" is more than just play – it's a thoughtfully designed way to support physical and mental well-being, fostering small achievements, strengthening social bonds, and embracing life to the fullest!

3

MANDALAS



Mandalas is a therapeutic game designed for those who want to nurture their cognitive and motor skills while enjoying the joy of creative play.

The goal is to arrange the wooden pieces according to the patterns shown on large, easy-to-handle cards. The creative process of building mandalas helps stabilize emotions, providing a sense of control and satisfaction from completing each design.

Mandalas can be arranged individually, offering a moment of reflection and relaxation, or enjoyed with others, fostering relationships and shared happiness.

PACKAGE CONTENTS:

mandala pattern boards – 14 pcs., mandala arrangement pieces – 44 wooden blocks in 4 colors, instruction manual.



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1-2

- 1 Improves focus and attention.
- 2 Strengthens memory.
- 3 Develops hand-eye coordination.
- 4 Stimulates creativity, reduces stress, and enhances well-being.
- 5 Boosts observation skills and analytical thinking.
- 6 Provides therapeutic support for individuals with Parkinson's, hand tremors, or vision impairments.



The creative process of arranging mandalas supports emotional stability, providing a sense of control and satisfaction from achieving the goal.

The Common Link game offers fantastic fun while stimulating the mind and enhancing manual dexterity. Designed with seniors and individuals facing memory issues or spatial orientation challenges in mind, it effectively engages the senses of touch, sight, and hand-eye coordination. Players must match wooden tiles with the correct patterns to the designated spaces on the board, guided by the intersections of patterns and geometric shapes on each tile.

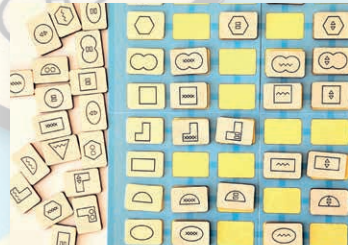
Common Link can be enjoyed solo or in a group, making it perfect for social gatherings and fostering connections.

- 1** Improves concentration.
- 2** Stimulates memory.
- 3** Enhances motor coordination.
- 4** Develops observation skills and spatial awareness.
- 5** Supports rehabilitation for individuals with Parkinson's disease, Alzheimer's disease, or Tourette syndrome.
- 6** Aids in exercises for rheumatoid arthritis.
- 7** Assists in post-stroke rehabilitation.



PACKAGE CONTENTS:

game board – 1 pc, axis markers – 14 pcs. (9 shapes, 5 patterns), tiles – 45 pcs., instruction manual.



Regular play with Common Link can significantly support mental agility, promote emotional well-being, and provide a rewarding sense of achievement.



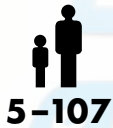
BINGO



Bingo is a classic game enjoyed by generations. Each player receives a card with a grid of random numbers. The designated caller draws numbers and announces them aloud, while participants cover the matching numbers on their cards. The goal is to be the first to cover an entire row, column, or diagonal. The winner proudly shouts, "Bingo!"

PACKAGE CONTENTS:

bingo cards – 18 pcs., number tiles – 90 pcs., tokens – 270 pcs., cotton bag, instruction manual

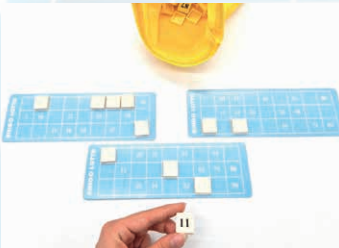


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2-18

- 1 Trains concentration and quick number recognition.
- 2 Helps delay neurodegenerative processes, such as dementia.
- 3 Provides sensory stimulation.
- 4 Exercises short-term memory.
- 5 Develops fine motor skills.
- 6 Builds social connections.
- 7 Supports hand therapy.
- 8 Offers beneficial exercises for individuals with Parkinson's disease.



Bingo is more than just a game—it's an activity that promotes physical, mental, and social well-being in later life.

PICTOGRAM DICE

6

Looking to boost your cognitive skills while enjoying life to the fullest? Pictogram Dice from the Silver series is a perfect choice for seniors, combining fun with health benefits. The gameplay uses 3 dice with pictograms and 18 tiles featuring the same pictograms as those on the dice. The challenge is to quickly find the matching pictogram on the tiles based on the dice roll.



- 1 Enhances observation skills, memory, and concentration.
- 2 Supports hand-eye coordination.
- 3 Engages both brain hemispheres.
- 4 Provides hand therapy.
- 5 Reduces the risk of cognitive disorders.
- 6 Helps prevent dementia.
- 7 Offers beneficial exercises for individuals with Parkinson's disease.

PACKAGE CONTENTS:

dice – 3 pcs.; wooden tiles – 18 pcs., instruction manual



Pictogram Dice fosters mental agility and emotional well-being through regular cognitive exercises and social interaction, contributing to a higher quality of life.

7

COLORFUL GEOMETRY



Colorful Geometry from the Silver series is an exciting game that blends fun with therapy. Players face an engaging challenge: 55 cards feature patterns made of shapes that match the plastic tokens. After a quick look at the card, players must recreate the pattern from memory using the tokens. In the second game variant, players race to string the tokens onto a cord, ensuring the color, shape, and number match the briefly shown pattern.

PACKAGE CONTENTS:

tokens – 9 pcs., cards – 55 pcs., game board – 1 pc., cord – 1 pc., instruction manual.



- 1 Exercises for individuals with motor coordination disorders.
- 2 Improves memory and concentration.
- 3 Develops hand-eye coordination.
- 4 Provides hand therapy.
- 5 Enhances observation skills.
- 6 Supports cognitive function in seniors.
- 7 Trains observation skills and reflexes.
- 8 Beneficial for individuals with Parkinson's disease.



The Colorful Geometry game can help maintain both physical and mental agility. The satisfaction of completing each challenge boosts overall well-being.

BALLS ON A STRING

8

Balls on a String from the Silver series is the perfect therapeutic tool for those looking to maintain their manual and cognitive skills. During the game, players draw a card and study it for a few seconds, memorizing the order of colors shown on the pattern. Once the card is set aside, players string colorful balls onto a cord in the exact sequence from memory, racing to complete the task when the signal is given.



- 1 Improves hand-eye coordination.
- 2 Trains memory and concentration.
- 3 Develops fine motor skills.
- 4 Strengthens hand muscles.
- 5 Enhances reaction speed.
- 6 Boosts logical thinking abilities.
- 7 Provides supportive exercises for individuals with Parkinson's disease.

PACKAGE CONTENTS:

cards – 55 pcs., cord – 1 pc, colorful balls – 6 pcs., instruction manual



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1



Balls on a String is more than just a game—it's a path to growth, connection, and enjoyable training that helps everyone embrace life to the fullest.

SYMMETRICAL MAZE

Symmetrical Maze is an innovative therapeutic tool that combines visual, kinesthetic, and tactile stimulation, fostering the simultaneous development of various motor and cognitive functions. The game features two symmetrically grooved wooden boards. The challenge is to navigate both mazes simultaneously using special wooden sticks, one in each hand.

PACKAGE CONTENTS:

wooden maze boards – 2 pcs., wooden sticks – 2 pcs., instruction manual.



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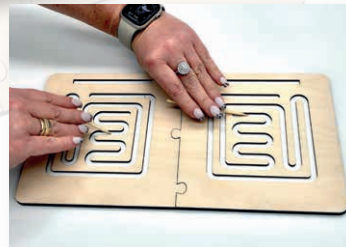
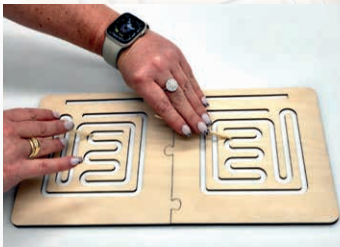


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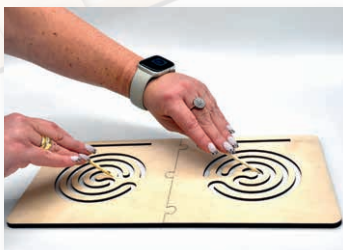
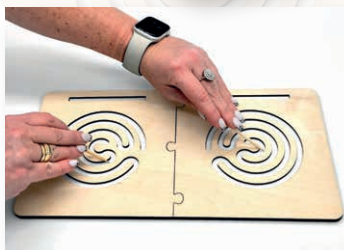
- 1 Develops fine motor skills and hand coordination.
- 2 Supports and improves gross motor skills (elbow and shoulder joints).
- 3 Enhances eye fixation, improving visual acuity, field of vision, and peripheral awareness.
- 4 Assists in strabismus therapy by strengthening eye muscles.
- 5 Activates both brain hemispheres.
- 6 Trains motor memory.
- 7 Improves focus and visual tracking skills.
- 8 Supports children with reading and writing difficulties.
- 9 Helps individuals with visual-motor coordination disorders.
- 10 Enhances spatial orientation.
- 11 Develops strategic planning skills for task completion.
- 12 Provides supportive exercises for individuals with Parkinson's disease.



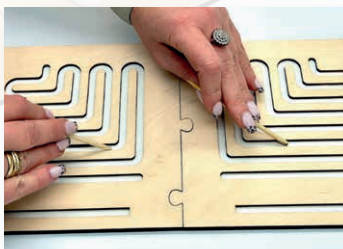
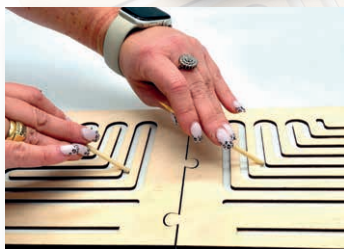
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Symmetrical Maze is more than just a game—it is a fun and engaging way to boost precision and motor skills, building confidence and making everyday tasks feel easier and more enjoyable.

MEMORY GAMES

These are classic memory games where the winner is the one who best remembers the positions of matching pairs. The tiles are placed face-down on the table, and players take turns flipping over two at a time, trying to remember their locations to find all the pairs.

PACKAGE CONTENTS:

picture tiles – 28 pcs., instruction manual



- 1 Improves short-term memory.
- 2 Strengthens concentration.
- 3 Stimulates the brain by engaging both hemispheres.
- 4 Develops visual perception skills.
- 5 Enhances hand-eye coordination.
- 6 Trains spatial orientation.
- 7 Builds patience and perseverance.
- 8 Reduces stress and boosts mood.
- 9 Supports hand therapy.
- 10 Provides beneficial exercises for individuals with Parkinson's disease.



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24



Playing Memory Games is a simple and fun way to keep your mind sharp! Each round offers an enjoyable memory and focus workout. Plus, sharing the game with loved ones lifts your mood and brings joy—because laughter and happiness are the best elixirs of youth!

DOMINO

Domino from the Silver series is a classic game consisting of rectangular tiles divided in half with different images. Players take turns matching tiles with identical pictures. The winner is the first to play all their tiles. The larger-than-standard tiles are easy to grip, making play accessible for everyone.

CONTENTS OF THE BOX:

domino tiles – 28 pcs., tile stands – 15 pcs., instruction manual



- 1 Stimulates cognitive functions by activating working memory.
- 2 Supports fine motor skills and hand therapy.
- 3 Improves laterality and interhemispheric integration.
- 4 Enhances visual perception and spatial orientation.
- 5 Aids individuals with dementia and cognitive impairments.
- 6 Supports rehabilitation for stroke survivors and individuals with Parkinson's disease.
- 7 Trains executive functions through strategic planning—especially valuable for individuals with attention disorders or brain injuries.



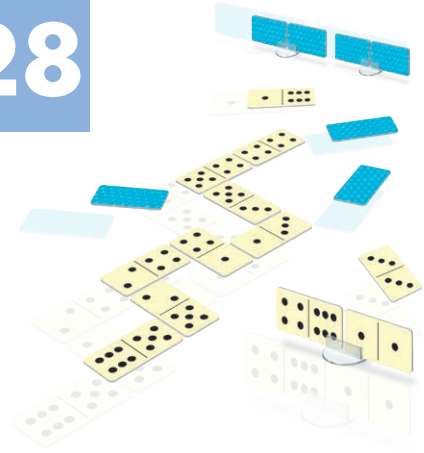
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Playing Domino is a fantastic workout for both the mind and dexterity, helping to maintain sharpness for years to come. Shared playtime reduces stress and boosts mood—making it the perfect recipe for health and happiness at any age!



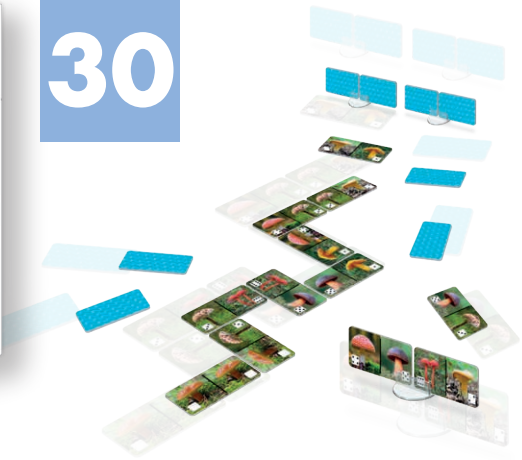
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29



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PUZZLE

"Puzzle" from the Silver series are designed with seniors and individuals with limited hand mobility in mind. The large, sturdy pieces with ergonomic shapes are easy to grasp, ensuring a comfortable and enjoyable experience. Each set features carefully selected designs—from calming landscapes to simple, high-contrast illustrations—making it easier to recognize and match pieces, enhancing focus and memory.



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- 1 Stimulates cognitive functions by engaging memory, attention, and analytical skills.
- 2 Improves concentration and fine motor skills.
- 3 Develops problem-solving abilities.
- 4 Enhances spatial awareness.
- 5 Supports neuroplasticity and helps prevent dementia.
- 6 Boosts confidence by providing a sense of accomplishment, especially for those with memory challenges.



Puzzles are more than just a pastime—they offer joy, satisfaction, and a meaningful mental workout that elevates mood and reduces stress.

12



21 cm

30 cm

13



21 cm

30 cm



14



30 CM



42 CM



15



32 CM



42 CM

16



30 cm

42 cm

17



30 cm

42 cm

18



32 cm



42 cm

19



32 cm



42 cm

OUR MISSION

At Silver, we believe that every stage of life offers special moments filled with energy, joy, and fulfillment. Our mission is to support people in nurturing their body and mind, so they can embrace life to the fullest.

Be Active – We believe that staying active is the key to a vibrant life. No matter your age, it's always worth exploring new passions, enjoying movement, and surrounding yourself with inspiring people. Our therapeutic solutions help maintain vitality and well-being, turning every day into an opportunity for discovery and growth.

Be Happy – Happiness is a state of mind that flourishes when we are surrounded by loved ones, share joyful moments, and find satisfaction in life's simple pleasures. Silver is a community of supportive individuals who inspire each other to enjoy life and cherish every day.

At Silver, we create a space where life becomes more colorful, and every stage is an opportunity for growth, new friendships, and unforgettable experiences. Our philosophy, "Be Active, Be Happy," is more than a slogan – it's a way of life that we share with everyone seeking joy and fulfillment.



Silver


be Active, be Happy

Welcome to the world of Silver – a place where a passion for games brings generations together and brings joy to everyone, regardless of age! Silver is a brand born from a love of activity, growth, and shared moments of fun.

Our products are designed with seniors and those recovering from illness in mind, offering opportunities for engagement, social play, and positive emotions.

We invite you to explore our collection of games – not only entertaining but also enriching.

This catalog is your invitation to the world of Silver. Browse through it and get to know us better!

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